

Attention World:
Destination – Good Health



**P. D. HINDUJA HOSPITAL
& MEDICAL RESEARCH CENTRE**

————— Mumbai, India —————



IPD Building, Mahim



OPD Building, Mahim



Lalita Girdhar Tower 1,
Mahim



Lalita Girdhar Tower 2,
Mahim



IPD Building, Khar



OPD Building, Khar

About P. D. Hinduja Hospital



P. D. Hinduja Hospital & Medical Research Centre, Mumbai, which started off as a clinic in 1951, is today ranked as one of the leading multi-specialty tertiary care hospital in the country. For over seven decades, the hospital has been diligently pursuing its vision of providing "Quality Healthcare for All".

In the 1980s, the Hinduja Group pioneered the model of institutionalizing healthcare in India by combining delivery with research, academics and innovation. In 1985, the 400-bed hospital was set up at Mahim, a prominent central locality in Mumbai, incorporating strategic advisory contributions from Massachusetts General Hospital, Boston, USA, and in a short time, became the benchmark for medical treatment across the country. In 2013, the Hinduja Group built another 100-bed hospital at Khar in Mumbai, to cater to the growing need of world-class healthcare services, providing treatment in an exclusive premium environment, catering to the patient's individual needs. P. D. Hinduja Hospital today operates through these 2 units located at Mahim and Khar, in Mumbai. It has provided medical care to millions of patients, since inception, a testimony to the excellent clinical outcomes of the hospital.

P. D. Hinduja Hospital is accredited by NABH, National Accreditation Board for Hospitals & Healthcare Providers, India, another affirmation to its commitment for quality care and patient safety.

The hospital lays emphasis on development of Clinical Practice, Academics and Research – three important pillars of healthcare. Providing the best medical care are the hospital's nationally and internationally acclaimed doctors. It is also one of the largest private academic hospitals in the country with a robust research wing. In academics, the hospital runs DNB courses in 26 specialties; M.Sc. and PhD in research; a Nursing College and Allied Health Sciences courses.

The hospital has always been an early adopter of technology in the delivery of care. Every facility at the hospital has always had a 'Human Touch', a sense of deep empathy towards our patients, which we believe is critical towards the process of 'Healing'.

For its contribution to quality healthcare delivery, the hospital has been bestowed with Best Multi-Specialty Hospital awards by different industry bodies. In the Newsweek World Best Hospital Survey, P. D. Hinduja Hospital has been recognized as 1st in Western India, 3rd amongst private hospitals in India and 6th amongst all hospitals in India in 2021 & 2020. It was also the first hospital to be conferred with the 'Clean and Green Hospital Platinum Award' by Bureau Veritas.



Trailblazers - Our Firsts

P. D. Hinduja Hospital is the first:



Laboratory amongst
SAARC countries to be
CAP accredited



To pioneer Full-Time
Consultant model
in Mumbai



Hospital to offer
Therapeutic Drug Monitoring
for the highest number of drugs



In Mumbai to perform
Cadaver Kidney Transplant
among private hospitals



Hospital in Western India
to introduce Nucleic Acid
Testing (NAT) at its blood bank



Hospital in South East Asia
to have Gamma Knife,
gold standard in minimally
invasive brain surgery



In India to be
HACCP certified by
DNV Netherlands



In India to have the most
advanced fully integrated
Da Vinci Xi robotic system



Hospital to have
NAT Blood Testing facility



Our Accreditations and Certification



Certificate of Accreditation by National Accreditation Board for Hospital & Health Providers - 2009



1st Hospital Laboratory to get College of American Pathologists (CAP) accreditation - 2006



National Accreditation Board for Testing & Calibration Laboratories - Department of Laboratory Medicine certificate: M-0620 - 2012



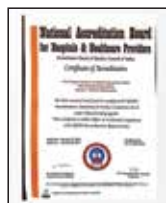
First hospital to be conferred the 'Green and Clean Hospital Platinum Certificate' in India - 2017



Pharmacy De Qualite (PDQ) Platinum Grade by Bureau Veritas - 2019



NABH Certification under Nursing Excellence Certification Program was extended for 2020-22



NABH Certification Standards for Institutional Ethics Committee Under Clinical Program (Research Wing) - 2018



ISO 27001:2005 ISOQAR Certificate of Registration - 2011



Green Operation Theatre Certification by Bureau Veritas - 2014



Kayakalp Certification By The Ministry Of Health & Family Welfare (MOHFW), Government of India - 2019



ResCCU – Responsible Critical Care Unit Certification by Bureau Veritas (India) Pvt. Ltd. - 2019



ISO 22000:2018 - Food Safety Management Systems Standards by DNV - 2021

Key Facts

300+ Consultants; More than
800+ nurses & 3600 employees
treating more than 1 lakh
patients annually



500 beds



More than 11 lakh lab tests &
1.3 lakh imaging / nuclear
medicine investigations
performed annually



NAT Certified
blood bank



Approx. 10000 surgeries,
2 lakh out-patient visits and
34000 in-patient admissions
done annually



'Serve with Passion' Rural Health
Programme - Fleet of 12 Mobile
Health Units (MHUs) covering
47 villages in rural Maharashtra



15 State-of-the-art
operation theatres



Pioneer in adoption of
latest technology

P. D. HINDUJA HOSPITAL
& MEDICAL RESEARCH CENTRE

Technology Focus

The hospital has been at the forefront of adopting new technology. From being the first hospital in Southeast Asia to acquire the Gamma Knife to the latest MRI with ambient theme, the hospital has always been bringing in newer technology to provide the best care.



▶ Combo Cath Lab
for simultaneous diagnosis and
therapeutic cardiac treatments

First ever digital
broadband MRI system
with ambient themes ▶





▶ Da Vinci Xi Robotic System
World's most advanced
integrated robotic system

◀ One of the
best hospital labs
in the country



State-of-the-art
Guided Air Flow OT,
Green OT certified



NAT testing for
safe blood transfusion
- 1st in Mumbai



▶ Advanced Linear Accelerator
with prone breast radiation therapy



▼
Gamma Knife
The gold standard for treatment
of complex brain conditions by
radiation therapy



▼
SPECT
(with Gamma camera)
for finest images and precise diagnosis
of cancer and other ailments



▼
Advanced 3D Digital Mammography
for detection of the minutest lesions

Centre of Excellence for Cancer Care

The Centre of Excellence for Cancer Care offers 360-degree care to oncology patients and is one of the first dedicated oncology centres of India. Today, it is a referral centre for cancer patients from all over the world and a beacon of hope in the fight against the dark & deadly disease.

The Centre is equipped to treat all types of adult and pediatric cancers, has different protocols and modalities for each type and a group approach for the cancers that involve many specialties.

The centre offers holistic cancer care with the following services:

- Surgical Oncology
- Medical Oncology
- Radiation Oncology
- Diagnostic Services
- Patient Support Groups
- Palliative Care

The hospital offers specialized cutting edge treatment in Head & Neck Cancer Surgery, Breast Cancer Surgery, Gastro-Intestinal Cancer Surgery, Neuro Oncology, Hepato-Pancreatic-Biliary (HPB) Surgical Oncology, Urologic Oncology, Gynecology Cancer Surgery, Orthopedic Oncology, Ocular Oncology, Hematology Oncology, BMT Unit with Autologous & Allogenic Bone Marrow Transplant facility.

The centre uses the latest technology like TrueBeam Linear Accelerator, 3D CRT, IDGRT, SRS/SRT, SBRT, Da Vinci Xi Robotic System and Brachytherapy. It has a dedicated Day Care Centre for Chemotherapy and the most advanced OTs. Recognizing that cancer patients need emotional support and counselling besides medicines, the hospital has also set up support groups, counsellors, social work services and palliative care services.



Centre of Excellence for Orthopedic Care

The Centre of Excellence for Orthopedic Care provides care for a wide range of orthopedic conditions related to bones, muscles, and joints. The highly dedicated multidisciplinary team of experienced professionals provides personalized care for patients of all ages. The aim of our orthopedic medicine is to improve patients' mobility, relieve pain and help them return to an active lifestyle. The hospital has also been recognized as an AO Centre of excellence, one of the only 5 in the country and is a referral centre for most complex care in Mumbai.

The centre has renowned orthopedic surgeons, spine surgeons and rheumatologists and offers all surgeries, including those for Knee and Hip replacement, Shoulders, Wrist, etc. The Centre also provides services such as Hand Surgery, Sports Medicine, Orthopedic Oncology (specializing in Limb Salvage Surgery for bone and soft tissue tumors), Physical Therapy, Radiology, Pain Management, specialized nursing care and nutritional support.

The department treats bone and joints related issues under:

- Orthopaedics
- Pain Management
- Physiotherapy
- Sports Medicine
- Spine Surgery
- Rheumatology
- Rehabilitation



Centre of Excellence for Neuro Care

The Centre for Neuro Care offers a comprehensive care for brain and nervous system by our team of internationally acclaimed neurologists, neuro surgeons, technicians with most advanced technology and procedures. The centre is referred with major and complex cases from across the globe.

The department offers acoustic neuroma surgery, skull base surgery, cerebrovascular surgery, neuro-oncology, pituitary surgery, neuro-endoscopy, minimally invasive neurosurgery, gamma knife radiosurgery, peripheral nerve surgery, deep brain surgery, neuro-muscular surgery and all diagnostic services including EEG, Video EEG, EMG, NCV, SSEP, BERA, VEP, ERG.

The hospital is the first in India to have acquired the Gamma Knife, which is the "Gold standard in Stereotactic surgery" for non-invasive treatment of brain tumours and vascular and functional disorders of the brain.

P. D. Hinduja Hospital's Neurosurgery department offers an international fellowship program for young neurosurgeons from across the world. This is recognised by the World Federation of Neurosurgical Societies (WFNS). Our hospital is the only such recognised centre in India and one of the 20 in the world.

The Pediatric Neurology section is a comprehensive treatment centre. The function is also supported by a state-of-the-art neurophysiology laboratory and a Child Development Centre.

The Neuro Sciences Centre also has a dedicated rehabilitation facility to help patients with movement and function disorders. It has state-of-art of rehabilitation equipment including treadmill, cycle, ergo meter, multi-station gym, neuro rehabilitation mat, staircase and ramp.



Centre of Excellence for Cardiac Care

The Centre for Cardiac Care focuses on holistic approach to Cardiac Care through invasive & non-invasive therapeutic & diagnostic services managed by dedicated team of highly skilled cardiologists and cardiac surgeons.

It offers treatment for the entire gamut of cardiac diseases including Hypertension, Arrhythmia, Deep Vein Thrombosis and Pulmonary Embolism Aortic Diseases, Cardiomyopathy, Congenital Heart Diseases, Coronary Artery Diseases, Heart Failure, Pericarditis, Valvular Heart Disease, etc. The procedures offered include Angiography / Coronary Angiography, Angioplasty, Stenting, Balloon Mitral Valvuloplasty's, Permanent Pacemakers (PPM), CABG, Left Ventricular Assist Device (LVAD), Beating Heart Surgery and more. Cardiac rehabilitation and cardiac physiotherapy services are also provided.

The centre has a dedicated Heart Valve Clinic, where the cardiologists and cardiac surgeons together provide comprehensive and most advanced treatment for all Heart Valve related issues like TAVI, TAVR or percutaneous valve replacement procedures.

It has all state-of-the art infrastructure and facilities including:

- DSA Combo Cath Lab
- Cardiac OTs
- Stress Test
- 2D Echo
- CTs, including CT Angiography
- Thallium Stress Test



Obstetrics and Gynaecology Care

Our Obstetrics and Gynaecology Centre has an extensive team of reputed Obstetrics & Gynaecology consultants. It offers comprehensive care for women, from pregnancy, till after delivery and for diagnosis and treatment of any issues of the female reproductive tract.

The IVF Centre is a dedicated unit at the hospital, offering consultations, unrivalled expertise, standardised and transparent care delivery protocols, diagnostic services, quality processes, hand-holding every step of the way from pre-conception to post delivery and treatment facilities. The facility includes the latest equipments along with audiovisual systems where the other partner can exactly see the procedure sitting outside the theatre and culture room, with advance techniques to treat male and female infertility including Physiological Intracytoplasmic Sperm Injection (PICS) and Preimplantation Genetic Screening i.e., PGS.

The Department of Mother & Child Care is a specialized unit at the Khar facility which provides compassionate world class care with innovative and clinically proven solutions by use of latest technology through every stage of pregnancy and post delivery. The maternity unit provides round-the-clock care to mothers and is duly attended by specialists and other experienced staff. The facilities include, Dedicated Mother & Child Care Floor, Labour Suite, Water Birthing, Pre & Post Natal Care, Lactation Specialist, Foetal Medicine & Clinical Genetics.

The Gynaecology Department offers treatment for a range of women health problems including menstruation issues, Endometriosis, Infertility, Ovarian Cysts, Pelvic Pain, Cancer screening and procedures such as Hysteroscopy, Tubal Ligation, Laparoscopy, etc.



Transplant Centre

The hospital conducts transplant procedures in four areas i.e., kidney, liver, bone marrow and eye.

Kidney Transplant Unit:

The department provides all forms of dialysis, including hemodialysis and peritoneal dialysis. It has an active renal transplant programme with approximately 60 transplants being performed every year. This is predominantly a living donor transplant programme but the hospital is also a leading centre for cadaver donor transplant when suitable donors are available.

Liver Transplant Unit:

The department offers liver transplant for patients suffering from end stage liver disease. The transplant assessment is carried out by a team of surgeons and anesthetists.

Bone Marrow Transplant Unit:

Bone marrow transplants can be used to treat patients with life-threatening blood cancers such as leukemia diseases, which result in bone marrow failure such as aplastic anaemia as

well as other immune system diseases or genetic diseases such as thalassaemia. The unit offers Autologous Stem Cell Transplant and Allogeneic Stem Cell Transplant.

Cornea Transplant Unit & Eye Donation Centre:

The cornea transplant and eye donation centre at P. D. Hinduja Hospital is one of the most advanced eye centres in the city. Along with taking care of eyes, the centre also provides information on the importance of eye donation.





HealthFirst by P. D. Hinduja Hospital & Medical Research Centre is a specially designed preventive health check-up facility by our medical experts to help protect your health. Individuals can choose from different health check packages and also available are specialized packages for heart health, for women, for the elderly, etc.

Advantages of the new HealthFirst facility:

- Exclusive dedicated facility by the hospital for health check-ups – no intermingling with the out-patients, in-patients and casualty patients - because you are healthy and not a 'patient'.
- State-of-the-art medical and supportive equipment ensures accurate and reliable results.
- Complete thorough test – not just 'fast & quick' screening.
- Soothing ambiance, with all facilities like Wi-Fi, television, tabs, refreshments and meals to ensure a comfortable visit.

Some key packages include HealthPerfect, Healthsure for comprehensive overall health check-up; HeartHealth, Diabetic Special for those with history of cardiac and diabetic related issues; Healthy Elders, Well Women, specially designed for senior citizens and women.



Key Specialties



**ANESTHESIOLOGY &
PAIN MANAGEMENT**



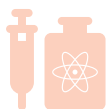
**CLINICAL
GENETICS**



DENTAL



NEPHROLOGY



NUCLEAR MEDICINE



OPHTHALMOLOGY



DERMATOLOGY



ENDOCRINOLOGY



ENT



PAEDIATRICS



**SURGERY - GENERAL,
PLASTIC, MINIMAL
ACCESS & ROBOTIC**



PSYCHIATRY



GASTROENTEROLOGY



**GENERAL / INTERNAL
MEDICINE, INFECTIOUS
DISEASES & CRITICAL CARE**



UROLOGY



PULMONOLOGY



RHEUMATOLOGY



BIARITRICS



RADIOLOGY



International Patient Services



With a rich legacy of over 7 decades, P. D. Hinduja Hospital has been acknowledged for its clinical expertise, at par with the best in the world, and for providing ethical medical care, making it the ideal choice for international patients.

We understand that seeking medical treatment outside your country may be a difficult decision for you, with many

apprehensions. We also realise that it can be a physically and emotionally stressful experience for you and your family. Our dedicated International Patient Helpdesk strives to ensure that you have a smooth, flawless hassle-free experience. We make sure that you feel at home during your stay, get the best medical care and go back to your country in good health.

Here are some guidelines and services for your assistance.

Know About Us

You can learn more about us through our website or email us at internationalpatients@hindujahospital.com giving your contact details and our facilitator will call you back to answer any queries. You can also call our international patient helpline number on +91-8657997565.

Assistance in Finding the Right Doctor

P. D. Hinduja Hospital has a vast pool of internationally qualified doctors, so that you get the best one for each speciality. Once you share your reports and your medical condition, we will recommend your case to the appropriate team of doctors. You may also go through the profile of our doctors on our website and indicate your preference, if any.



Virtual Consultation

The doctor can explain the diagnosis of your condition and the treatment plan in detail. They will also answer any query of yours. This can be booked online or via our patient services representative.

Cost Estimates

After receiving your reports, our team of doctors will analyse your case and provide you with treatment plan and proper cost estimates.



Scheduling Appointments

Our international patient services team will help you schedule appointments with the concerned doctor on priority, once you provide us with the confirmed dates of your travel.

Visa and Travel Assistance

Once you confirm your visit to our facility for medical treatment, we can assist you in getting the medical visa from the embassy / consulate of your country by providing the necessary Medical Visa Invitation Letter.

If you are travelling on medical visa and staying for more than 180 days, you will need to register at the Foreigners Regional Registration Office (FRRO) within 14 days of arrival, unless otherwise mentioned in your visa. Our representative can help you complete these formalities.



Airport Transfers

We can organise your airport pick-up along with a dedicated concierge for your assistance. The concierge will escort you to the hospital or to your place of accommodation.



Single Point of Contact

During your stay at the hospital, a single point of contact will be provided 24x7, for any assistance you may need.

Accommodation

At the hospital, we offer a choice of deluxe and suite room, with luxurious ambience and facilities like Wi-Fi, satellite TV, OTT platforms, room service, laundry, etc. The rooms at our Mahim facility have a beautiful sea view, from where you can enjoy the magnificent coastline of Mumbai and the vast expanse of the Arabian Sea.

We can also help organise hotel accommodation near the hospital for you and your companion.



Direct Admission

We can organise direct admission in your room. All admission formalities will be completed in your room, with no need to stand in queues.

Food & Beverages

We offer a choice of delicious Indian / International vegetarian cuisines to suit your taste. We can also prepare your favourite dish on request.



Translation Services

Language translation / interpretation services can be provided with prior request for select languages.

Updates Back Home

Regular updates on your treatment progress and health can be provided to your referring doctor and relatives back home by our team. We can also facilitate your video calls with them.

Payment Options

The hospital accepts payments through Credit Cards, Wire Transfer to our account, details of which can be provided on request. Payment can be made through our website from anywhere. Patient can also avail currency exchange facility at the hospital, through a bank located in the hospital premises.



Post Discharge

Any query or assistance after discharge will be addressed by our medical team.



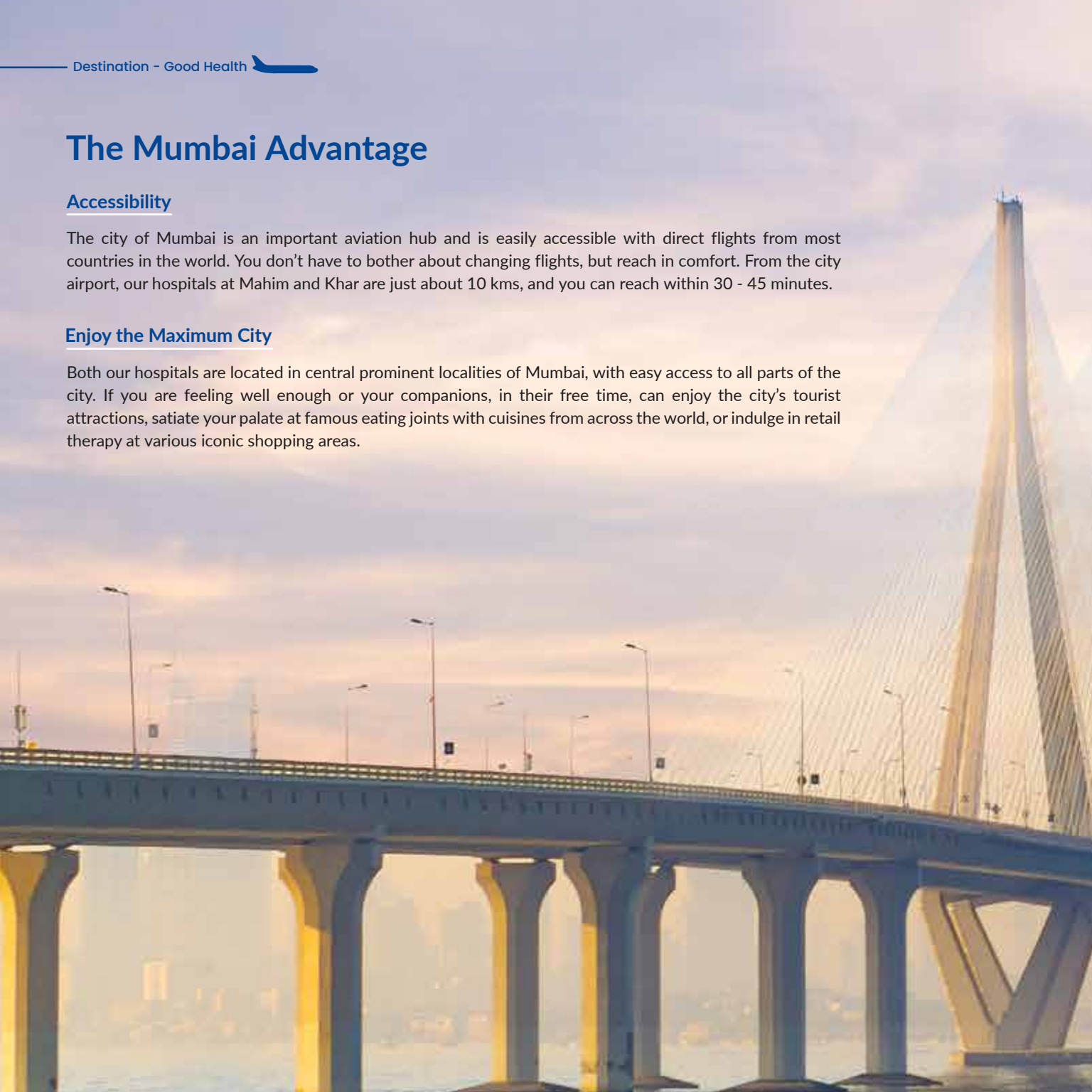
The Mumbai Advantage

Accessibility

The city of Mumbai is an important aviation hub and is easily accessible with direct flights from most countries in the world. You don't have to bother about changing flights, but reach in comfort. From the city airport, our hospitals at Mahim and Khar are just about 10 kms, and you can reach within 30 - 45 minutes.

Enjoy the Maximum City

Both our hospitals are located in central prominent localities of Mumbai, with easy access to all parts of the city. If you are feeling well enough or your companions, in their free time, can enjoy the city's tourist attractions, satiate your palate at famous eating joints with cuisines from across the world, or indulge in retail therapy at various iconic shopping areas.



Nearby Popular Tourist Destinations

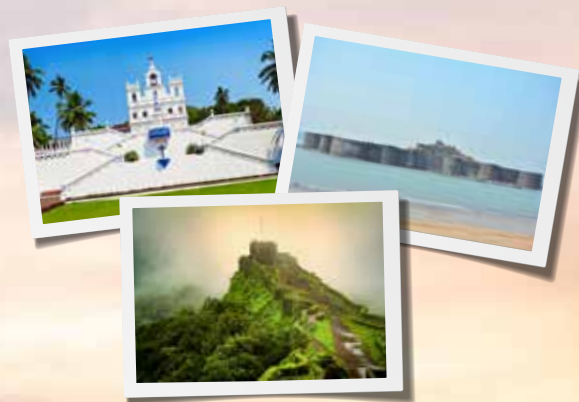
Goa - One of the most popular tourist destinations across the world, known for its pristine beaches and food, is easily reachable by a 45-minute flight or by a 10-hour train journey.

Alibaug - Another popular coast beach town, reachable by a drive and a ferry ride in about an hour's time.

Lonavala / Khandala - Popular hill stations, offering a magnificent view of the Western Ghats, are just about 2 hours' drive from Mumbai.

Matheran - An automobile-free hill station known for its mild climate and well-preserved colonial architecture, reachable by the narrow gauge 'Toy Train', from the Mumbai Suburb of Nerul, less than 2 hours away.

Mahableshwar - Popular hill station in India's lush Western Ghats range, south of Mumbai, offering several elevated points and colonial forts. It's about a 5-hour drive from Mumbai.



Enjoy Tourism in India

India offers a range of tourism options, all easily accessible from Mumbai. Some prominent ones include:

Kerala - Famous for its pristine beaches, back waters and lush green landscapes.

Rajasthan - A slice of royalty, it boasts of the historic forts and monuments.

Himachal Pradesh - For all those who enjoy the hills and the wildlife.

Agra - Home to the Taj Mahal - one of the 7 wonders of the world, among other historic attractions.

Kashmir - Fondly referred to, as "Heaven on Earth" with its sprawling rose gardens, lakes laced with shikaras (houseboats) and snow-capped peaks.



World-class medical care and treatment offered to patients from 59 countries across the world.

-
- | | | | |
|----------------|--------------|----------------|---------------|
| • Afghanistan | • France | • Nepal | • Spain |
| • Australia | • Georgia | • Netherlands | • Sri Lanka |
| • Bahrain | • Germany | • New Zealand | • St. Martin |
| • Bangladesh | • Ghana | • Nigeria | • Switzerland |
| • Belgium | • Hong Kong | • Oman | • Tanzania |
| • Botswana | • Iran | • Philippines | • Trinidad |
| • Cameroon | • Iraq | • Poland | • U.A.E |
| • Canada | • Italy | • Qatar | • U.S.A |
| • China | • Kazakhstan | • Romania | • Uganda |
| • Comoros | • Kenya | • Russia | • Ukraine |
| • Congo | • Kuwait | • Saudi Arabia | • Uzbekistan |
| • Cyprus | • Malawi | • Scotland | • Yemen |
| • England | • Maldives | • Singapore | • Zambia |
| • Ethiopia | • Mauritius | • South Africa | |
| • Fiji Islands | • Mozambique | • South Korea | |



International Patient Helpdesk

Helpline number (Monday - Saturday, 09:00 Hrs to 17:30 Hrs IST): +91-8657997565

Email id: internationalpatients@hindujahospital.com

Notes

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P. D. HINDUJA HOSPITAL
& MEDICAL RESEARCH CENTRE

MAHIM

Veer Savarkar Marg, Mahim West, Mumbai – 400016, India.

Tel: +91-022-62529000 / 62529400 / 022 69248000

Email: info@hindujahospital.com

KHAR

Khar Facility (Formerly Hinduja Healthcare Surgical)

724, 11th Road, Khar West, Mumbai – 400052, India.

Tel: +91-022-61746000 / 26469999