

P. D. HINDUJA HOSPITAL  
& MEDICAL RESEARCH CENTRE



# EXPRESS HEALTH CHECK-UP

PREVENTIVE HEALTHCARE @ YOUR CONVENIENCE



Includes **Lab Tests** and **Video Consultation**

Stay on Top of Your Health with P. D. Hinduja Hospital's

# EXPRESS HEALTH CHECK-UP

Experience the ultimate convenience of monitoring your health, right from the comfort of your home or office.

## Why Choose P. D. Hinduja Hospital's Express Health Check-Up?



P. D. Hinduja Hospital lab,  
trusted for over 70 years



Accuracy and  
reliability assured



CAP and NABL accredited lab



Free home sample collection



Free online consultation with  
expert Hinduja Hospital doctors



Smart reports to give your  
health risk assessment

## How to avail Express Health Check-up Package?

- Choose your package
- Schedule appointment by calling 022 - 67668181 / 45108181
- Make payment on the link received via sms or during home sample collection
- We will call you to book online consultation
- Home Sample Collection done as scheduled
- Your reports sent via email and WhatsApp
- Online Consultation done as scheduled

Stay proactive about your health. Choose the package that fits your needs, today!

*Your health, our priority...delivered with care and precision.*

# MY HEALTH PREMIUM (FEMALE) ₹12,700/-

## INVESTIGATIONS

COMPLETE BLOOD COUNT  
ERYTHROCYTE SEDIMENTATION RATE  
HOMOCYSTEINE  
25-HYDROXY-VITAMIN D  
VITAMIN B12  
IRON BINDING STUDIES  
G-6-PD

## DIABETICS

FASTING BLOOD SUGAR  
GLCO HB/HBA1C  
INSULIN

## LIVER FUNCTION TEST

BILIRUBIN  
SERUM PROTEIN  
SGOT  
SGPT  
ALKALINE PHOSPHATASE  
GAMMA GT

## INFECTION SCREENING

HEPATITIS B - HBSAG ELISA  
HCV ANTIBODY - ELISA

## RENAL PROFILE / RENAL FUNCTION TEST

CREATININE  
BUN  
URIC ACID  
SODIUM  
POTASSIUM  
CHLORIDE  
CALCIUM  
BICARBONATE



## LIPID PROFILE

CHOLESTEROL  
SERUM TRIGLYCERIDES  
HDL CHOLESTEROL  
DIRECT LDL CHOLESTEROL  
CHOL/HDL RATIO  
APOLIPOPROTEIN A1  
APOLIPOPROTEIN B  
LIPOPROTEIN (A)

## CRP

CRP HIGH SENSITIVITY

## THYROID

THYROID STIMULATING HORMONE  
THYROXINE (T4) (FREE)

## URINE EXAMINATION

URINE ROUTINE

## CONSULTATION

TELECONSULTATION

# MY HEALTH PREMIUM (MALE) ₹12,700/-

## INVESTIGATIONS

COMPLETE BLOOD COUNT  
ERYTHROCYTE SEDIMENTATION RATE  
HOMOCYSTEINE  
VITAMIN B12  
25-HYDROXY-VITAMIN D  
IRON BINDING STUDIES  
G-6-PD

## DIABETICS

FASTING BLOOD SUGAR  
GLCO HB/HBA1C  
INSULIN

## LIVER FUNCTION TEST

BILIRUBIN  
SERUM PROTEIN  
SGOT  
SGPT  
ALKALINE PHOSPHATASE  
GAMMA GT

## INFECTION SCREENING

HEPATITIS B - HBSAG ELISA  
HCV ANTIBODY - ELISA

## RENAL PROFILE / RENAL FUNCTION TEST

CREATININE  
BUN  
URIC ACID  
SODIUM  
POTASSIUM  
CHLORIDE  
CALCIUM  
BICARBONATE  
CHOLESTEROL



## LIPID PROFILE

SERUM TRIGLYCERIDES  
HDL CHOLESTEROL  
DIRECT LDL CHOLESTEROL  
CHOL/HDL RATIO  
APOLIPOPROTEIN A1  
APOLIPOPROTEIN B  
LIPOPROTEIN (A)

## CRP

CRP HIGH SENSITIVITY

## THYROID

THYROID STIMULATING HORMONE  
THYROXINE (T4) (FREE)

## PROSTATE

PROSTATE SPECIFIC AG (3<sup>RD</sup> GEN.)

## URINE EXAMINATION

URINE ROUTINE

## CONSULTATION

TELECONSULTATION

# MY HEALTH ADVANCED (FEMALE)

## ₹5,200/-

### INVESTIGATIONS

COMPLETE BLOOD COUNT  
ERYTHROCYTE SEDIMENTATION RATE

### DIABETICS

FASTING BLOOD SUGAR  
GLCO HB/HBA1C

### LIVER FUNCTION TEST

BILIRUBIN  
SERUM PROTEIN  
SGOT  
SGPT  
ALKALINE PHOSPHATASE  
GAMMA GT

### RENAL PROFILE / RENAL FUNCTION TEST

CREATININE  
BUN  
URIC ACID

SODIUM  
POTASSIUM  
CHLORIDE  
CALCIUM

### LIPID PROFILE

CHOLESTEROL  
SERUM TRIGLYCERIDES  
HDL CHOLESTEROL  
DIRECT LDL CHOLESTEROL  
CHOL/HDL RATIO

### THYROID

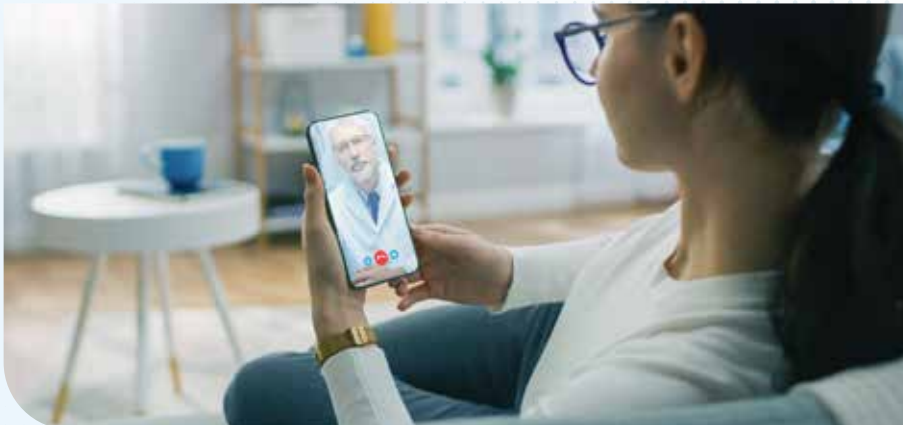
THYROID STIMULATING HORMONE

### URINE EXAMINATION

URINE ROUTINE

### CONSULTATION

TELECONSULTATION



# MY HEALTH ADVANCED (MALE)

₹5,200/-

## INVESTIGATIONS

COMPLETE BLOOD COUNT  
ERYTHROCYTE SEDIMENTATION RATE

## DIABETICS

FASTING BLOOD SUGAR  
GLCO HB/HBA1C

## LIVER FUNCTION TEST

BILIRUBIN  
SERUM PROTEIN  
SGOT  
SGPT  
ALKALINE PHOSPHATASE  
GAMMA GT

## RENAL PROFILE / RENAL FUNCTION TEST

CREATININE  
BUN  
URIC ACID  
SODIUM

POTASSIUM  
CHLORIDE  
CALCIUM

## LIPID PROFILE

CHOLESTEROL  
SERUM TRIGLYCERIDES  
HDL CHOLESTEROL  
DIRECT LDL CHOLESTEROL  
CHOL/HDL RATIO

## THYROID

THYROID STIMULATING HORMONE

## PROSTATE

PROSTATE SPECIFIC AG (3<sup>RD</sup> GEN.)

## URINE EXAMINATION

URINE ROUTINE

## CONSULTATION

TELECONSULTATION



# MY HEALTH COMPREHENSIVE ₹4,800/-

## INVESTIGATIONS

COMPLETE BLOOD COUNT  
FASTING BLOOD SUGAR  
VITAMIN B12  
25-HYDROXY-VITAMIN D

## DIABETICS

GLCO HB/HBA1C

## LIVER FUNCTION TEST

BILIRUBIN  
SGPT

## RENAL FUNCTION TEST

CREATININE

## LIPID PROFILE

CHOLESTEROL  
SERUM TRIGLYCERIDES  
HDL CHOLESTEROL  
DIRECT LDL CHOLESTEROL  
CHOL/HDL RATIO

## THYROID

THYROID STIMULATING HORMONE

## URINE EXAMINATION

URINE ROUTINE

## CONSULTATION

TELECONSULTATION

# MY HEALTH REGULAR ₹2,800/-

## INVESTIGATIONS

COMPLETE BLOOD COUNT

## DIABETICS

FASTING BLOOD SUGAR

## LIVER FUNCTION TEST

SGPT

## RENAL FUNCTION TEST

CREATININE

## LIPID PROFILE

CHOLESTEROL  
SERUM TRIGLYCERIDES

## URINE EXAMINATION

URINE ROUTINE

## CONSULTATION

TELECONSULTATION





**P. D. HINDUJA HOSPITAL**  
& MEDICAL RESEARCH CENTRE

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